

Beardstown Schools

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Oct 13, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 13 PIZZA STICKS MARINARA DIPPING CUP GREEN BEANS PEACHES MILK, WHITE, 1% MILK, Chocolate 1% Allergen Substitutions Below PIZZA, CHEEZ, DAIRY & G MILK LACTOSE FREE Modified Diet	Oct - 14 FIESTA CHICKEN WRAP TORTILLA LETTUCE & CHEESE SALSA Cup NACHO CHIPS APPLESAUCE MILK, WHITE, 1% MILK, Chocolate 1% RANCH Allergen Substitutions Below CHICKEN TENDERS GF TORTILLA, GF LETTUCE MILK LACTOSE FREE Modified Diet	Oct - 15 PORK TENDERLOIN on BU BUN, HAMBURGER CORN CUCUMBER,SLICED,FRES MIXED FRUIT & JELL-O MILK, WHITE, 1% MILK, Chocolate 1% KETCHUP Allergen Substitutions Below GRILLED CHICKEN GF/NoL BUN, HAMBURGER GF MILK LACTOSE FREE Modified Diet	Oct - 16 HOT DOG BUN, HOT DOG CHILI DOG SAUCE CARROTS, FRESH DORITOS SPICED APPLES MILK, WHITE, 1% MILK, Chocolate 1% KETCHUP Allergen Substitutions Below BUN, HOT DOG GF MILK LACTOSE FREE Modified Diet

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.